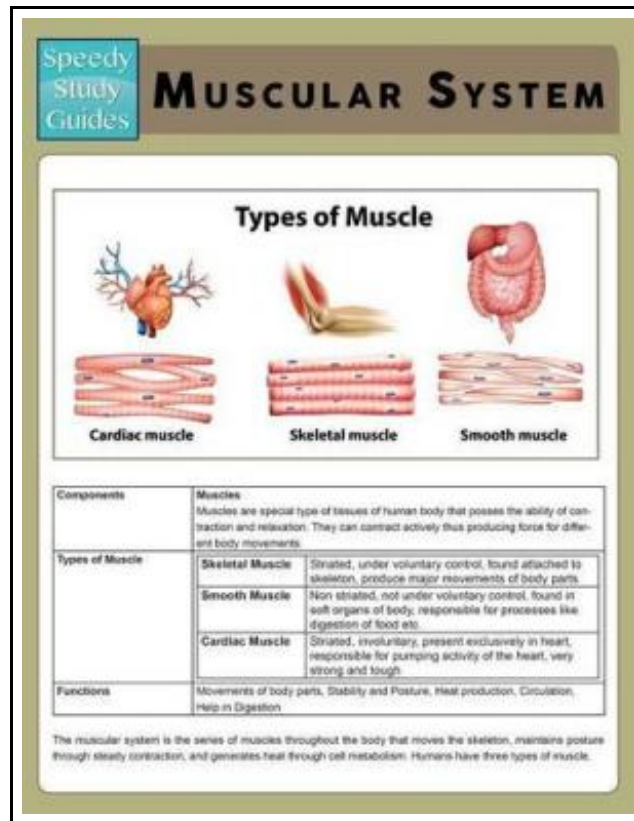


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Speedy Publishing LLC, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.The muscular system is the network of body tissue or muscle bands that are formed over your skeleton frame. The muscles, in conjunction with the skeleton and the body s nervous system work together to move the body and guide it through various activities and positions. Certain muscles are more dense than others as a result of certain activities such as cycling or weightlifting which helps develops the thighs or arms and which are expected to carry heavier loads. A chart of the muscular system would be beneficial in helping one understand what muscles are located where in the human body. If one seeks to improve their ability in a particular function, the chart will assist in describing which muscles to train.



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