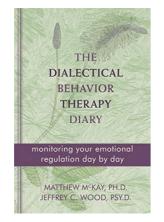
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# THE DIALECTICAL BEHAVIOR THERAPY DIARY: MONITORING YOUR EMOTIONAL REGULATION DAY BY DAY (PAPERBACK)



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- Authored by Matthew McKay, Jeffrey Wood
- Released at 2011



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