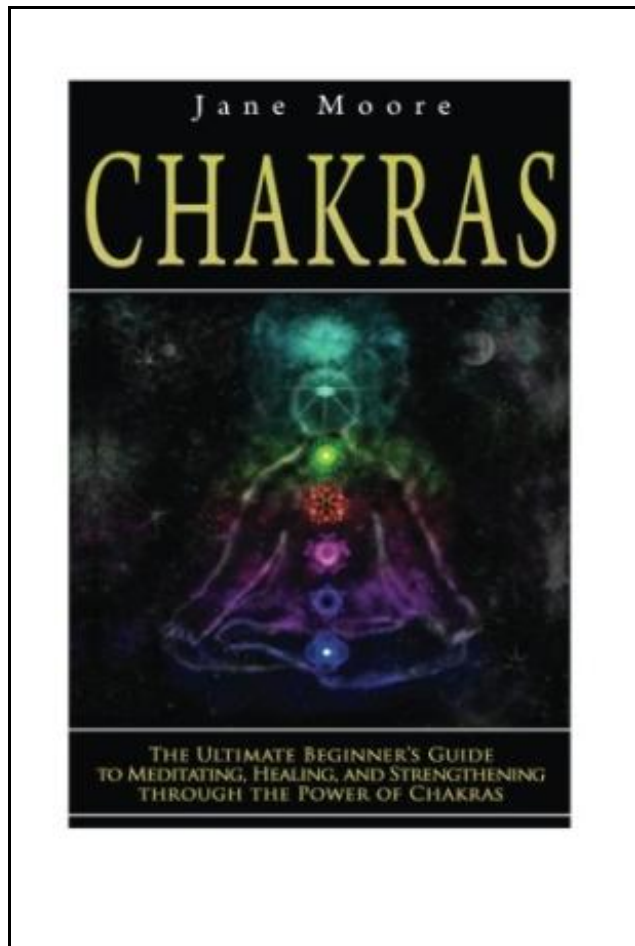


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Createspace, United States, 2014. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Chakras The Ultimate Beginner's Guide to Meditating, Healing, and Strengthening through the Power of Chakras What are the benefits of having balanced chakras and how will it help me? Your chakras are like a fine tuned musical orchestra. When all the instruments are in tune the sound is incredibly beautiful, but just one instrument out of tune can destroy the entire sound of the orchestra. When all of your chakras are in tune you energy flows freely from head to toe and life is good, but if just one chakra becomes blocked, things start to veer off-tune. You'll feel great! You will feel relaxed, balance, healthy and whole. You will feel like everything in your life is going great and that things are in a groove, flowing well. When your chakras are in balance, everyone who is associated with you, personal or professional, is attracted to your positive energy and will want to be with you. You'll become a people magnet radiating positive energy. Others will want to be around you. Your chakras are your life force - a positive life force equals a positive life - we all desire that! Also, you'll discover. What exactly are your chakras How your Aura plays into your overall well being. How you can evaluate your chakras. And much more! Table of Contents Chapter 1 - An Introduction to the Seven Major Chakras Chapter 2 - Aura Chapter 3 - The Minor Chakras Chapter 4 - Balancing Chakras With Meditation and Incantation Chapter 5 - Drumming and Your Chakras Chapter 6 - Crystals and Gemstones Associated with the...



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