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A Parent's Guide to Water Polo (Paperback)

By Joe Greenwald

Lulu.com, United Kingdom, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.A Parent's Guide to Water Polo helps parents understand and appreciate a sport in which many are making a significant investment. Youth participation in water polo is on an upward trajectory. Participation in high school water polo has increased 2.6 per year for five years. But, unlike other sports, most water polo parents never played the game themselves. They lack a fundamental grounding in the sport that would allow them to better enjoy the game and help their children maximize the potential benefits of the water polo experience. This book provides an introduction to the sport. A brief history of the sport gives a flavor for the game. Common parent concerns such as selecting a club, training, and health are discussed. A primer on the rules helps spectators understand the game. A review of terminology helps parents trying to understand conversations in the stands. Finally, the book looks at options for playing water polo after high school.



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