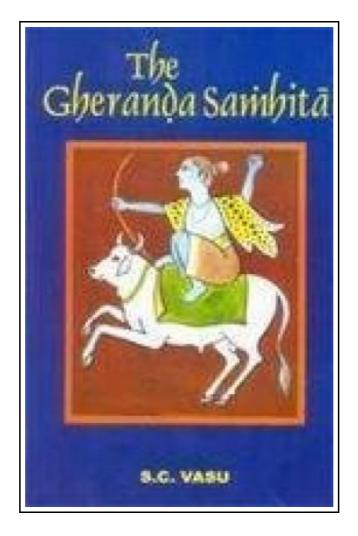
The Ghreanda Samhita



Filesize: 1.97 MB

Reviews

A really wonderful book with lucid and perfect reasons. This can be for all who statte there was not a worth reading through. You are going to like how the author write this book.

(Dr. Grady Jacobi DDS)

THE GHREANDA SAMHITA



Sri Satguru Publications, Delhi, India, 2005. Softcover. Book Condition: New. First Edition. The Gheranda Samhita is one of the important texts of Hatha Yoga. The Book is a discourse between the sage Gheranda and Candakapali. The book is divided into seven chapters, dealing with the training of the physical body, Asanas (postures), Mudras, Pratyahara (restraining the mind), restraining the breath (Pranayama), contemplation (Dhyana) and Samadhi (liberation). The book contains Sanskrit text in Devanagari along with English translation. Printed Pages: 89.



Other PDFs



Art appreciation (travel services and hotel management professional services and management expertise secondary vocational education teaching materials supporting national planning book) (Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Pages Number: 146 Publisher: Higher Education Pub. Date: 2009-07-01 version 2. This book is...

Read ePub »



The L Digital Library of genuine books(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: 2002 Publisher: the BUPT title: Digital Library Original Price: 10 yuan...

Read ePub »



9787111391760HTML5 game developed combat (Huazhang programmers stacks) (clear and full(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2012-07-01 Pages: 260 Publisher: Machinery Industry Press title: HTML5 game development...

Read ePub »



Love My Enemy

Andersen, UK, 2004. Softcover. Book Condition: New. First Edition. Available Now. Book Description: Zee (short for Zara) lives in a quiet suburb of Belfast, with an apparently idyllic family life. But Zee's father was shot...

Read ePub »



Skills for Preschool Teachers, Enhanced Pearson eText - Access Card

Pearson Education (US), United States, 2016. Online resource. Book Condition: New. 10th edition. 279 x 216 mm. Language: English. Brand New Book. NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing...

Read ePub »